



FUN & FITNESS SUMMER CAMP 2020

PARENT HANDBOOK

#1 Parent/Guardian, review all, sign and turn in pages 4 and/or 5 by the first day of camp. PLEASE FILL OUT ALL FORMS AND BRING WITH YOUR CHILD ON THE FIRST DAY OF CAMP. *You may also fill out forms and email them to tjeffrey@soccermac.com prior to the first day of camp.

WHAT IS THE FUN AND FITNESS CAMP AT THE MAC?

An activities camp for kids with lots of interests and energy to burn! It's a fun and activity filled place to meet new friends, swim and stay active during the summer months. We provide supervision for all activities while teaching sportsmanship and teamwork for all kids K – 8th grade.

The campers will play games, do fitness challenges, participate in sports such as basketball, soccer, flag football, etc. While many of the activities will be the same for all ages the campers will be divided into different groups with the younger campers playing games geared more to their age group. The counselors will accomplish all this while maintaining the camps values of respect, responsibility, health and sportsmanship.

Arts and Crafts are a small part of the summer sports camp as well as scheduled free time and swim time in our outdoor MAC Summer Club. Campers are supervised by our counselors as well as certified lifeguards while at the pool.

SWIM LESSONS! The MAC will not be doing swim lessons through camp this year. However, we are now offering a discount for swim lessons to children who are enrolled in camp. Please contact the MAC for more information regarding sign up and discounts.

WHAT TO BRING	CAMP ACTIVITIES	SCHEDULE <small>(subject to change)</small>	
LUNCH Monday through Friday	Arts & Crafts	8:00-9:00	-Morning Welcome -Break into camp groups
SNACKS	Basketball & Soccer		
SUN BLOCK (PLEASE LABEL)	Flag Football	9:00-11:30	Snack Time/Activities
SWIMSUIT	Kid Games	11:30-1:30	Lunch & Activities
TENNIS SHOES	Obstacle Courses	1:30-4:30	Free Swim & Activities
TOWEL	Relay Races	4:30-5:00	End of Day Recap Lost & Found Time
WATER BOTTLE	Sand Volleyball		
MONEY (Extra snacks @ Snack Shack)	Supervised Swim Time		

We want this summer to be the best yet! In order for your camper to have the best experience, we staff our camps based on the number of campers we have. **In order to have the best camper/counselor ratio, we ask that you enroll your camper no later than the Thursday (closes at midnight) prior to the week you are enrolling in.**

If you register later than Thursday afternoon at 1PM, regular weekly camps will be \$20 more and regular Daily Camps will be \$10 more.

DATES	*EARLY BIRD ONLINE RATES No later than Friday May 1 st				*REGULAR ONLINE RATES After Friday 1st			
	Week	Day	Aftercare Week	Aftercare Day	Week	Day	Aftercare Week	Aftercare Day
May 28 th – 29 th (2days)	\$91	\$59			\$99	\$64		
June 1 st – June 5 th	\$184	\$59	\$199	\$64	\$199	\$64	\$210	\$69
June 8 – June 12 th	\$184	\$59	\$199	\$64	\$199	\$64	\$210	\$69
June 15 th – June 19 th	\$184	\$59	\$199	\$64	\$199	\$64	\$210	\$69
June 22 nd – June 26 th	\$184	\$59	\$199	\$64	\$199	\$64	\$210	\$69
June 29 th –July 3 rd	\$184	\$59	\$199	\$64	\$199	\$64	\$210	\$69
July 6 th – July 10 th	\$184	\$59	\$199	\$64	\$199	\$64	\$210	\$69
July 13 th – July 17 th	\$184	\$59	\$199	\$64	\$199	\$64	\$210	\$69
July 20 th – July 24 th	\$184	\$59	\$199	\$64	\$199	\$64	\$210	\$69
July 27 th – July 31 st	\$184	\$59	\$199	\$64	\$199	\$64	\$210	\$69
August 3 rd – Aug 7 th	\$184	\$59	\$199	\$64	\$199	\$64	\$210	\$69
August 10 th –Aug 14 th	\$184	\$59	\$199	\$64	\$199	\$64	\$210	\$69
August 17 th -Aug 21 st	\$184	\$59	\$199	\$64	\$199	\$64	\$210	\$69

***Aftercare will run from 5:15 PM-6:15 PM.**

FREQUENTLY ASKED QUESTIONS:

WHEN SHOULD WE REGISTER? Pre-registration is the only way we can provide the most ideal camper/counselor ratios. MUST register your camper by Thursday at midnight for the following week for all PLUS camps. At that time registration for those camps will close.

***For regular weekly and daily camps, if you register later than Thursday afternoon at 1PM, weekly camps will be \$20 more and daily camps will be \$10 more.**

WHICH GROUP DO WE REGISTER FOR? The campers are divided by age. Plan to register according to the grade your camper will be entering the coming fall.

Kindergarten-Bees 1st-Cubs 2nd – Beavers 3rd-Kangaroos 4th-Otters 5th – 8th-Sharks

DO WE HAVE TO BE MEMBERS OF WILSON’S? No, you and or your camper are not required to be members. The MSM fee is required, however, in order for your camper to participate.

WHEN DO I PAY FOR CAMP? Camps must be paid for when registering your camper for each day, week or weeks they will attend.

WHAT DOES MY CAMPER NEED TO BRING? Be sure to review the What to Bring Options in the table above.

WHAT WILL MY CAMPER DO EACH DAY? There will be a schedule for each week with the activities, timelines and themes. Along with the activities in the table above, each week there will be a schedule available to parents at drop off. The schedule will have themes and activities for each day.

DROP OFF AND PICK UP: CHILDREN MAY NOT BE DROPPED OFF BEFORE 7:45AM AND MUST BE PICKED UP BY 5:15PM. Children must be picked up by 5:15pm. Failure to do so will result in a \$1/minute charge for each child. This fee will need to be paid prior to attending programs further.

After all attempts to contact parents and emergency contacts have failed, a child who is not picked up by 6:30pm will be considered abandoned. The police department and Division of Family Services will then be called. Child may be removed from the program if payment is not made

SIGNING IN AND OUT: It is MANDATORY that you or an authorized pick up person, sign your child in and out each day. If there is a person you need to pick your child up that is not on his/her registration form, we will need to have an additional add/drop contact form completed and signed. Please let the Program Director know of any changes, example phone numbers, addresses, persons to be released to, by completing and turning in the add/drop contact form.

ACCIDENTS: The MAC is not responsible for any personal injury incurred while the children are at the program. Parents are encouraged to purchase insurance to cover accidents. You will be informed of any accidents that occur while your child is at The MAC and we'll ask you to sign an accident report, letting you know the details.

REFUNDS: Typically, we do not issue refunds for registration fees for any reason other than the MAC cancelling a camp.

MEDICATION: Any child taking medication must be capable of taking his/her own medication. UNDER NO CIRCUMSTANCES WILL ANY OF THE CAMP MAC STAFF BE ALLOWED TO DISTRIBUTE ANY MEDICATIONS OTHER THAN HANDING IT FROM THE LOCKBOX TO THE CHILD. MEDICATION RELEASE MUST BE ON FILE. (See Release Form Below)

DISCIPLINE GUIDELINES: To ensure a safe environment there are some guidelines and rules that need to be followed. All rules will be explained to campers. Campers are asked to treat others and their property with respect. Physical violence of any kind will not be tolerated. If there is a behavior problem the counselor will first try to handle them.

The MAC has a zero tolerance policy on violence. If a Camper strikes another Camper, an immediate suspension will be issued. The Camper who is struck is not to strike back, but should immediately report this to their Counselors for their own safety. Violence is not answered with violence, or that individual will also be suspended.

LOST AND FOUND POLICY: The MAC is not responsible for any items lost. Toys from home are not permitted at camp. At the end of each camp day there will be an end of day meeting including "find what you lost" time. Every Friday morning at parent drop off, lost and found items from that week will be at the front desk. All items not picked up will be taken to the Goodwill on a biweekly basis. Please make sure your camper has their name on ALL items.

If you have any questions about information in the handbook or general camp questions, email or see the camp director during the session. Tyler Jeffrey or tjeffrey@soccermac.com

2020 CAMPER INFORMATION AND MEDICATION RELEASE FORM

To Be completed by Parent/Guardian and returned to the MAC prior to the start of camp for each camper. PLEASE PRINT

FULL NAME OF CAMPER: _____ DOB: _____ Age: _____ Grade: _____

PARENT/GUARDIAN: _____

ADDRESS: _____ CITY: _____ ZIP: _____

BEST CONTACT PHONE _____ WORK: _____
ADDITIONAL CELL _____

*OTHER ADULTS APPROVED BY YOU TO PICK UP YOUR CAMPER:

NAME: _____ PHONE _____

*You must notify camp staff at time of drop off if someone other than parent/guardian will be picking up your camper and a form must be filled out for that additional person.

EMERGENCY CONTACT: NAME: _____
PHONE _____

Preferred Hospital: _____

Allergies / medications(if medications needed during camp, release form must be on file):

Help us help your camper have their best days at MAC Summer Camps; Please let us know of any tips or methods you use to help your child through a difficult moment.

By the use of the facilities of Wilson's and the Missouri Athletic Center(MAC) and the execution of this registration the Member/guest of Wilson's or MAC expressly agrees that Wilson's, MAC and its officers, agents, employees and instructors, shall not be liable for any damages arising from personal injuries sustained by the Member or guest in, on or about the premises of said facilities or as a result of their using the facilities and the equipment therein. Member/guest assumes full responsibility for any such injuries or damages which may occur to Member/guest in, on or about the facilities and further agrees that Wilson's, MAC and its officers, agents, employees and instructors, shall not be liable for any loss or theft of personal property. Member/guest also specifically agrees that Wilson's, MAC and its officers, agents, employees and instructors, shall not be responsible for such injuries, damages, loss or theft even in the event of negligence by Wilson's, MAC and/or its officers, agents, employees and instructors, whether such negligence is present at the signing of this registration or takes place in the future. This waiver does not, however, apply to gross negligence or intentional torts by Wilson's, MAC, and its officers, agents, employees and instructors.

I authorize Wilson's and the Missouri Athletic Center (MAC) to photograph and use pictures for promotional events, website, and advertisement. The same parent that signs the child into the event must be the same parent that signs the child out. MAC reserves the right to refuse pick up by anyone other than the parent who originally brought the child to the event and signed him or her in unless prior arrangements are made with management.

Parent/Guardian Signature: _____ Date: ____/____/____

Medications needed while at Camp? (Circle one) YES NO If yes, please fill out form below:
If circled YES on previous page, parent/guardian must fill out this form, sign and turn in to the
MAC no later than the first day your camper attends camp.

MEDICATION RELEASE:

I affirm that I am the legal parent/guardian of (Camper's Name): _____,
and agree to follow the MAC Summer Camp policy that medication is not to be in the possession of
the camper. I have attached the letter from the prescribing physician specifying the need for the
following medication during day camp, and authorized the MAC Summer Camp designated staff
member to ensure my child takes the following medication based upon the instructions found on the
label.

MEDICATION: _____

TO BE GIVEN AT TIME(S) OF DAY _____

TO BE GIVEN ON THESE DAY(S) _____

DOSAGE NEEDED (i.e. one tablet) _____

DESCRIBE ANY SIDE EFFECTS FROM THE MEDICATION WE SHOULD BE AWARE OF:

I recognize that the MAC Summer Camp designated staff member, who is responsible for ensuring
my child takes the above medication, is not a physician, nor a pharmacist; and further acknowledge
that neither such person nor Wilson's Fitness sponsoring the program shall be responsible for or
liable in connection with such medication when taken in accordance with the instructions on the
label.

Parent/Guardian Signature: _____ Date: ____ / ____ / ____