



FUN & FITNESS SUMMER CAMP 2026

PARENT HANDBOOK

#1 Parent/Guardian, review all, sign and turn in page 4 by the first day of camp. PLEASE FILL OUT ALL FORMS AND BRING WITH YOUR CHILD ON THE FIRST DAY OF CAMP. *You may also fill out forms and email them to summerdaycamp@wilsonsmac.com prior to the first day of camp.

WHAT IS THE FUN AND FITNESS CAMP AT THE MAC?

An activities camp for kids with lots of interests and energy to burn! It's a fun and activity filled place to meet new friends, swim and stay active during the summer months. We provide supervision for all activities while teaching sportsmanship and teamwork for all kids K – 7th grade.

The campers will play games, do fitness challenges, participate in sports such as basketball, soccer, flag football, etc. While many of the activities will be the same for all ages the campers will be divided into different groups with the younger campers playing games geared more to their age group. The counselors will accomplish all this while maintaining the camps values of respect, responsibility, health and sportsmanship.

Arts and Crafts are a small part of the summer sports camp as well as scheduled free time and swim time in our outdoor MAC Summer Club. Campers are supervised by our counselors as well as certified lifeguards while at the pool.

WHAT TO BRING	CAMP ACTIVITIES	SCHEDULE (subject to change)	
LUNCH and SNACKS (Monday - Friday)	Arts & Crafts	7:45-9:30	-Morning Welcome -Break into camp groups
SWIMSUIT	Basketball & Soccer		
SUN BLOCK (PLEASE LABEL)	Gaga Ball	9:00-11:30	Snack Time/Activities
TOWEL	Group Games	11:30-1:30	Lunch & Activities
CHANGE OF CLOTHES	Obstacle Courses	1:30-4:00	Free Swim & Activities
TENNIS SHOES	Relay Races	4:00-5:15	End of Day Recap Lost & Found Time
WATER BOTTLE	Board Games		
MONEY (Extra snacks @ Snack Shack)	Supervised Swim Time		

We want this summer to be the best yet! In order for your camper to have the best experience, we staff our camps based on the number of campers we have. **In order to have the best camper/counselor ratio, we ask that you enroll your camper no later than Friday prior to the week you are enrolling in.**

ONLINE REGISTRATION FEE SCHEDULE be received no later than the Friday before the date of the camp you are enrolling in		
Dates of Camp	2026 Camp Rates	
Dates	Week	Day
May 26th - May 29th	\$255	\$79
June 1st - June 5th	\$255	\$79
June 8th - June 12th	\$255	\$79
June 15th - June 19th	\$255	\$79
June 22nd - June 26th	\$255	\$79
June 29th - July 3rd	\$299	\$115
July 6th - July 10th	\$299	\$115
July 13th - July 17th	\$299	\$115
July 20th - July 24th	\$299	\$115
July 27th - July 31st	\$299	\$115
August 3rd - August 7th	\$299	\$115
August 10th - August 14th	\$299	\$115
August 17th - August 21st	\$299	\$115

FREQUENTLY ASKED QUESTIONS:

WHEN SHOULD WE REGISTER? Pre-registration is the only way we can provide the most ideal camper/counselor ratios. MUST register your camper by **Friday before Noon!**

WHICH GROUP DO WE REGISTER FOR? The campers are divided by age. Plan to register according to the grade your camper **will be entering the coming fall.**

Kindergarten-Bees 1st-Cubs 2nd – Beavers 3rd-Kangaroos 4th-Otters 5th –7th-Lions

DO WE HAVE TO BE MEMBERS OF WILSON’S? No, you and or your camper are not required to be members.

WHEN DO I PAY FOR CAMP? Camps must be paid for when registering your camper for each day, week or weeks they will attend. It is highly encouraged to register your camper prior to bringing them to camp to ensure a spot.

WHAT DOES MY CAMPER NEED TO BRING? Be sure to review the What to Bring Options in the table above.

WHAT WILL MY CAMPER DO EACH DAY? There will be a schedule for each week with the activities, timelines and themes. The schedule will have themes and activities for each day.

DROP OFF AND PICK UP: CHILDREN MAY NOT BE DROPPED OFF BEFORE 7:45AM AND MUST BE PICKED UP BY 5:15PM. Children must be picked up by 5:15pm. Failure to do so will result in a \$1/minute charge for each child.

After all attempts to contact parents and emergency contacts have failed, a child who is not picked up by 6:30pm will be considered abandoned. The police department and Division of Family Services will then be called. Child may be removed from the program if payment is not made

SIGNING IN AND OUT: It is MANDATORY that you or an authorized pick up person, sign your child in and out each day. If there is a person you need to pick your child up that is not on his/her registration form, we will need to have an additional add/drop contact form completed and signed. Please let the Program Director know of any changes, example phone numbers, addresses, persons to be released to, by completing and turning in the add/drop contact form.

ACCIDENTS: The MAC is not responsible for any personal injury incurred while the children are at the program. Parents are encouraged to purchase insurance to cover accidents. You will be informed of any accidents that occur while your child is at The MAC and we'll ask you to sign an accident report, letting you know the details.

REFUNDS: Typically, we do not issue refunds for registration fees for any reason other than the MAC canceling a camp. Please make sure the dates you are signing up for are dates you plan on attending.

MEDICATION: No Medication should be dispersed by Camp Counselors or Staff. If your child needs medication you will need to come and disperse the medication in person.

DISCIPLINE GUIDELINES: To ensure a safe environment there are some guidelines and rules that need to be followed. All rules will be explained to campers. Campers are asked to treat others and their property with respect. Physical violence of any kind will not be tolerated. If there is a behavior problem the counselor will first try to handle them.

The MAC has a zero tolerance policy on violence. If a Camper strikes another Camper, an immediate suspension will be issued. The Camper who is struck is not to strike back, but should immediately report this to their Counselors for their own safety. Violence is not answered with violence, or that individual will also be suspended. If your child gets suspended no refunds or credits will be issued for the week/day that they are suspended.

LOST AND FOUND POLICY: The MAC is not responsible for any items lost (toys, money, clothes, etc.). Toys from home are not permitted at camp. At the end of each camp day there will be an end of day meeting including "find what you lost" time. Every Friday morning at parent drop off, lost and found items from that week will be at the front desk. All items not picked up will be taken to the Goodwill on a biweekly basis. Please make sure your camper has their name on ALL items. Please check to make sure your camper has all items before going home that camp day.

If you have any questions about information in the handbook or general camp questions, email or see the camp director, Alexa Koga, during the session.
summerdaycamp@wilsonsmac.com

2026 CAMPER INFORMATION

To Be completed by Parent/Guardian and returned to the MAC prior to the start of camp for each camper. PLEASE PRINT

FULL NAME OF CAMPER: _____ Age: _____ Grade going into Fall 2026: _____

PARENT/GUARDIAN: _____

ADDRESS: _____ CITY: _____ ZIP: _____

BEST CONTACT PHONE _____ WORK: _____

ADDITIONAL CELL _____

*OTHER ADULTS APPROVED BY YOU TO PICK UP YOUR CAMPER:

NAME: _____ PHONE _____

NAME: _____ PHONE _____

NAME: _____ PHONE _____

*You must notify camp staff at time of drop off if someone other than parent/guardian will be picking up your camper and a form must be filled out for that additional person.

EMERGENCY CONTACT: NAME: _____

PHONE _____

Preferred Hospital: _____

Allergies / medications(if medications needed during camp, release form must be on file):

Help us help your camper have their best days at MAC Summer Camps; Please let us know of any tips or methods you use to help your child through a difficult moment.

By the use of the facilities of Wilson's and the Missouri Athletic Center(MAC) and the execution of this registration the Member/guest of Wilson's or MAC expressly agrees that Wilson's, MAC and its officers, agents, employees and instructors, shall not be liable for any damages arising from personal injuries sustained by the Member or guest in, on or about the premises of said facilities or as a result of their using the facilities and the equipment therein. Member/guest assumes full responsibility for any such injuries or damages which may occur to Member/guest in, on or about the facilities and further agrees that Wilson's, MAC and its officers, agents, employees and instructors, shall not be liable for any loss or theft of personal property. Member/guest also specifically agrees that Wilson's, MAC and its officers, agents, employees and instructors, shall not be responsible for such injuries, damages, loss or theft even in the event of negligence by Wilson's, MAC and/or its officers, agents, employees and instructors, whether such negligence is present at the signing of this registration or takes place in the future. This waiver does not, however, apply to gross negligence or intentional torts by Wilson's, MAC, and its officers, agents, employees and instructors.

I authorize Wilson's and the Missouri Athletic Center (MAC) to photograph and use pictures for promotional events, website, and advertisement.

Parent/Guardian Signature: _____ Date: ____/____/____